



# DISASTER SUPPLY KIT

**Build your kit all at once or step by step. Start with what you have at home. Then shop for the rest. Build it to shelter in place or evacuate.**

Pack these basic supplies for each person in a portable container or backpack. You'll need them whether you stay or go.



## STEP 1 FOOD AND WATER

- 3-day supply of food that needs no cooking
- 1 gallon of water per day for each person
- Manual can opener
- Baby items (baby food, formula, bottles)
- Pet Supplies (listed on next page)



## STEP 2 FIRST AID, MEDICATION, HYGIENE

- First-aid kit (listed on next page)
- Prescriptions and backup medications
- Hand sanitizer, wipes, bleach (To purify water, mix 1/8 teaspoon per gallon. Stir and let stand for 30 minutes.)
- Toilet paper, paper towels, garbage bags
- Dental care, hearing aids, and vision products
- Soaps, personal supplies, diapers
- Sunscreen, insect repellent
- Face masks to filter air (N-95 rating)



## STEP 3 COMMUNICATION, LIGHTING, DOCUMENT BAG ITEMS

- Battery-powered radio with extra batteries or crank radio (emergency alert radio is best)
- Extra cell phone battery and car charger
- Flashlights and extra batteries
- Matches and lighter
- Whistle
- Reading glasses and sunglasses
- Document bag items (listed on next page)

You may have to leave in a hurry to get to a safe place. Keep these supplies near your car. When it's time, grab them and go.



## STEP 4 ADD THESE ITEMS FOR EVACUATING BY CAR

- Road maps
- Car repair items (tools, spare tire, tire patch kit, oil)
- More food and water
- Plastic plates, cups and utensils
- Tent, blankets and pillows
- Clothes and sturdy shoes
- Rain gear and towels
- Books, games and toys

### BEFORE YOU LEAVE HOME

- Fill your gas tank, check your spare tire
- Take cash, checkbook and credit cards
- Call your family emergency contact
- Charge your mobile phone
- Get a map of your route

When staying home is your safest choice, add these items to your kit and stay tuned to the news.



## STEP 5 ADD THESE ITEMS FOR SHELTERING IN PLACE

- Smoke detectors with extra batteries
- Carbon monoxide detector (if using generators, charcoal grills or camp stoves)
- Fire extinguisher
- Land line phone with extra long cord
- Plastic sheeting and duct tape (to seal doors, windows and air vents from contaminated air or to build an emergency shelter)